



---

## **“RAISE THE BAR” PARENTAL INVOLVEMENT POLICY**

The Club operates an open viewing policy and parents are encouraged to watch the training sessions, however we would like to ask that if they are not coaching, that they remain at the side of the sports hall or in the viewing gallery, as their presence by the lifting platform can often be disruptive.

The exceptions to the above are as follows:

- 1) At the discretion of the Head Coach, one appropriate adult (over 16 years old) may stay to “settle” in a new member if required for a maximum of two weeks.
- 2) At the discretion of the Head Coach, one appropriate adult (over 16 years old) may accompany a participant if the participant requires more than usual attention, e.g. young or special needs. BWL membership will apply.

RTB feels strongly that there should be regular communication between parents, coaches and weightlifters:

- whether this is to tell us if a child is ill or unable to attend sessions,
- to share any concerns or complaints about any aspect of the club,
- to enquire as to a child's progress and what they can do to develop further.

The Club has adopted the ["Good Parents Guide"](#) produced by the Sports Coach UK, as the Clubs Code of Conduct for Parents/Guardians