



Good Practice Acceptance

The RTB Club wishing to promote safe Olympic Weightlifting good practices has adopted all good practices issued by the following organisations:

- [International Weightlifting Federation \(IWF\)](#)
- [British Weight Lifting \(BWL\)](#)
- [Sports Coach UK](#)
- [Sport England](#)

In addition, RTB has issued its own policies to ensure the safety, health and wellbeing of all participants involved in club's activity (whether they are weightlifters, coaches, helpers or merely spectators).

To help accomplish this, the RTB club has adopted / implemented the following policies, all of which are available on the RTB website, under Club Documents:

1. British Weightlifting Body Piercing and Body Jewellery Policy
2. British Weightlifting Bullying Poster
3. British Weightlifting Child & Vulnerable Adults policy
4. British Weightlifting Code of practice & Poster
5. British Weightlifting Competition frequency policy
6. British Weightlifting Drugs use policy
7. British Weightlifting Photography & Video Policy & authorisation form
8. SC UK Coaching Staff "Good Coaches Guide"
9. RTB Alcohol policy
10. RTB Bullying policy
11. RTB Coach Appointment Policy
12. RTB Complaints, Grievance & Disciplinary Procedures
13. RTB Development Plan Jan 2010
14. RTB Dress code and Clothing policy
15. RTB Equipment set up and maintenance policy
16. RTB Expenses policy
17. RTB First Aid policy
18. RTB Manual Support policy
19. RTB Parent involvement policy
20. RTB Removal from Club policy
21. RTB Rules and Code of Conduct form
22. RTB Selection for Squad Training policy
23. RTB Session Parameters Policy
24. RTB Smoking policy
25. RTB Training policy
26. RTB Transferring between Clubs policy
27. RTB Unforeseen circumstances policy